

Suprep

DO NOT EAT ANY SOLID FOODS ON THE DAY BEFORE YOUR TEST

Clear Liquid diet only

The bowel preparation solution will be consumed in two parts.

Suprep Colon Cleanse Instructions **Day before Exam**

Step 1 – At 4 pm take 2 Dulcolax caplets with a glass of water

Step 2 - At 6 PM pour ONE 6-ounce bottle of SUPREP® liquid into the mixing container.

- Add cool water to the 16 oz. line on the container and mix.
- Drink ALL the liquid in the container.
- Drink two more 16-ounce glasses of water over the next hour (one hour). You may drink your prep slower if you get nauseated.
- You may continue to drink **clear liquids** until midnight.

Suprep Colon Cleanse Instructions **Day of the Exam**

Step 3 - At 2 am pour ONE 6-ounce bottle of SUPREP liquid into the mixing container.

- Add cool water to the 16-ounce line on the container and mix.
- **Drink ALL of the liquid in the container.**
- You must drink two more 16-ounce glasses of water over the next hour (one hour). You may drink your prep slower if you get nauseated.
- You may continue drinking **clear liquids** up to four (4) hours prior to your arrival time.

*Please remember that your bowel movements should look like urine after finishing your prep.



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